





USER INSTRUCTION MANUAL <u> <u> </u> <u> E</u> <u> TECHNICAL INFORMATION</u></u>



MUST BE READ AND UNDERSTOOD PRIOR TO INSTALLATION



Disclaimer

The information provided in this User Instruction is based on the technical data that KStrong obtained under laboratory conditions and believes to be reliable. KStrong does not guarantee results and takes no liability or obligation in connection with this information. Since conditions of end-use are beyond our control, it is the user's responsibility to determine the hazard levels and the use of proper personal protective equipment. Persons having technical expertise should undertake evaluation under their specific end-use conditions, at their discretion and risk. Please ensure that this information is only to check that the product selected is suitable for the intended use. Any product that is damaged, torn, worn, or punctured should be discontinued from usage immediately.

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Know Your System

AFF7500 Vertical Anchorage Lifeline System

KStrong Vertical Life Line Systems have been designed to ensure the user is safe whilst ascending or descending ladders that are fixed to high rise structures, telecom towers, wind towers etc. KStrong has designed the system that can be easily installed on a range of ladders. The AFF7500 system consists of a stainless steel rope grab with built in shock absorption that moves along with the user on a vertical lifeline. The rope grab is connected to the attachment element of the user's harness. In the event of a fall, while the user is going up or down the ladder, the rope grab automatically locks against the wire rope thereby preventing the person from falling down. Not only does it restrict the fall of the user, it also reduces the impact force of the fall that would be imparted to the body of the user and structure.

Certified to EN353-1:2014+A1:2017. The AFF7500 when used with AFG805103 Rope Grab is certified by Sira for ATEX to comply with use in potentially explosive atmosphere (as per Potentially Explosive Atmospheres Directive 94/9/EC) and conforms to Norms EN 13463-1: 2009 and EN 13463-5: 2003. The system is certified to be intrinsically safe, hence is an ideal choice for use in Industries like Petroleum/ Petrochemical Plants without fear of causing explosion due to any spark.





AFF7500

AFF7500 with Extension Post

Standards

Standards		Description
EN 353-1		Guided type fall arresters including a rigid anchor line
EN 353-2		Guided type fall arresters including a Flexible anchor line
EN 795 Type A		Anchor device requiring the fixing of one or more structural anchors
EN 795 Type B		Anchor device not requiring the fixing of one or more structural anchors
EN 795 Type C	œ ∎∎ ≎©	Anchor devices using a horizontal flexible anchor line
EN 795 Type D	<u> </u>	Anchor devices using a horizontal rigid anchor line
EN 795 Type E		Deadweight anchoring device
CEN/TS 16415:2013	Personal fall protection equipment - And devices - recommendations for anchor devices for use by more than one perso simultaneously	
Ex h IIc T6 Gb Ex h IIc T6 Gb EN 80079-36:2016 EN 80079-37:2016	(Ex)	The ATEX directives are two EU directives describing the minimum safety requirements for workplaces and equipment used in explosive atmospheres

Must be read Prior to Use

- Prior to use, ensure all operating procedures have been read and properly understood.
- This fall arrest system is only to be used by competent persons who have experience and training in the safe use of the system and associated equipment.
- Ensure all Local workplace OH&S requirements are identified and understood.
- A risk assessment with a safe work method procedure must be completed and approved by management prior to work commencing.
- The systems requires periodic inspection and maintenance by the manufacturer or their authorized representative as per EN365 of the PPE Regulation 2016.
- The system MUST NOT be used if the service date is overdue.
- A rescue plan must be formulated and ready for implementation prior to using any fall arrest system.
- Authorisation to access any risk area must be obtained from the person in control of the workplace.
- Only approved full body harness, Lanyard and PPE equipment certified either EN, ANSI or AS/NZS Standards is to be used with this system.
- Visually inspect the system for damage prior to use. The system must not be used if there is any deterioration or deformation of components or the structure to which the system is attached.
- If the safety system is damaged or has arrested a fall, discontinue use until it has been fully inspected and recertified by the manufacturer or their authorized representative.
- Ensure all fixings, fittings and components are securely attached. Any tightening, adjustment or replacement of components must be carried out by a competent Person.
- Users must not be allowed to work alone in fall arrest situations in case emergency rescue assistance or first aid is required.
- All applicable EN Standards, Local OHS Acts & Regulations, and Codes of Practice & Guidelines must be read and obeyed when using this safety system.

Instructions for Periodic Examinations

- As per EN 365 of PPE Regulation 2016, It is necessary to carry out regular periodic examinations. The safety of the users depends upon the continued efficiency and durability of the equipment.
- The personal protective equipment shall be examined at least every 12 months.
- For Corrosive/harsh environments, 6 monthly (more frequent inspection may be required).
- The periodic examination can only be carried out by the manufacturer or his authorized representative.
- The comments should be included in the check card of the equipment. After the periodic examination, the next due date for periodic examination will be determined.
- During periodic inspection it is necessary to check the legibility of the equipment marking.
- To check metals for sharp edge, Burs, Corrosion, bent profile distortion and opening & closing or such mechanisms for which that is intended for.

Remove from Service

- In case that it has been used to arrest a fall, the equipment must be withdrawn from use.
- Labels have been removed, are missing or illegible
- Excessive abrasive wear has occurred
- · Broken fibres, tears, cuts, snags and splinters are present
- Deterioration or stretching has occurred
- Parts and mechanisms are not moving freely or are corroded
- There is excessive contamination not removed by approved cleaning methods

Job Safety Analysis

Before commencing the job, it is recommended that the service technician / Installer completes a JSA form, to identify hazards at site and to decide the correct PPE they need to mitigate the hazard. Refer example below.

Section 1 Job details					
JSA title		Project name		Work order or PID No.	
		Principal contractor			
Location / address			Date/s of activity		
Prepared by		Date prepared		Signature	

Permits required			Isolations required		
Confined Space	□ High risk work rescue plan	□ High voltage access	Roof Access	Mechanical	□ Hydraulic
Work at height	□ Excavation and trenching	Energized work		Electrical	Pneumatic
Penetrating	 Grid mesh, flooring and guard rail removal 	□ Hot work	□ Other (please specify)	Site access required	□ YES □ NO

Section 2-Common hazards (Each Hazard identified below must be assessed)

Chemicals/hazardous substances		High-risk activities	
Name of chemicals or hazardous substance		Confined space	□ Work at heights
	□ SDS available	Hot Work	□ Excavation, trenching or penetrations
Energy sources		Construction work	□ Scaffolding
Electricity	Pressure		Structural alterations
🗆 Gas / Fuel	Water	Work location	
Plant and equipment		🗆 Sun	□ Working over, in or near water
Fixed Plant	Mobile Plant	□ Plants, Animals or Insects	Contaminated / Flammable atmosphere
Vehicles / boats	□ Hand Tools	□ Slips, trips and falls	□ Work occurring in other areas
Manual tasks		Biological hazards	□ Fire
Repetitive tasks Definition Heavy Lifting		People	
Awkward posture	Sustained posture	□ Remote or isolated work	Contractors
Facilities / built environment		□ Fatigue	Visitors / land owners / public
Buildings and fixtures	On/in or adjacent to roadways	Competency or training required	License required
Open pits, trenches or tunnels Asbestos/ lead		Environment and water quality	
Overhead objects or services	Underground objects or services	Erosion & sediment control	□ Waste/ discharge
	Noise	Emissions (or air pollution)	Flora/ fauna/ weed management
 On or near pressurized gas distribution mains or piping 	 On or near chemical. fuel or refrigerant lines 	□ Release to drains/waterways	Water quality

Activity Lists the task required to perform the activity in the sequence they are carried out.	Hazards Against each task list the hazards that could cause injury when the task is performed.	Risk Cor List the con eliminate or arising from	trol Measures trol measures required to minimize the risk of injury the identified hazard.	Who is responsible? Write the name of the person responsible (supervisor or above) to implement the control measures identified.
Workers Names	Workers Signatures	Date	We, the undersigned employees acknowledge that we have ass the development of this JSA and have read and understood its We agree to perform the work required in accordance with the in provided, including but not limited to the use of all listed PPE	

Remember: • Each JSA must be site specific.

• Include all workers in the development of this JSA.

Customercare@kstrong.com

Receiving Structure

The receiving structure on which the system is to be installed should be strong enough to hold an impact load of more than 18 kN. KStrong shall not be held responsible in any failure arising out of the failure of the structure. It is hence essential to calculate the strength of the receiving structure before the installation. If there is any doubt a competent person or a qualified structural engineer may study the drawings or visit the site and verify the adequacy of strength of the receiving structure.

AFF7500 Fall Arrest System Components

Certified EN 353-1:2014+A1:2017, the AFF6000 Fall Arrest System is an integrated solution to arrest the fall of a user when climbing up and down a ladder.

The Vertical Life Line is made of Stainless Steel Wire Rope and is maintained in the rigid position by use of 2 mounting brackets - one at the top and other at the bottom.

A Stainless Steel Rope Grab moves up and down on the Anchorage Line accompanying the user who is connected to it with the help of a small Shock Absorbing Lanyard.



AFF7500 Fall Arrest System with 1.8m Extension Arm Components



Component Chart

The Chart below shows all the components of the Vertical Lifeline Systems with their appropriate product codes and quantity required in a system.

TECHNICAL SNAPSHOT

Component	Code	Qty. Required
	Extremity Mounting Brackets, Stainless Steel	
Top Extremity Mounting Bracket c/w 15kN Anchor point, Stainless Steel	AFF513756	1 no.
Extension Mounting Bracket 1.8m c/w Anchor point (Optional), Stainless Steel	AFF513755	Optional
Bottom & Top Extremity Mounting Braket, Stainless Steel	AFF513754	1 no.
	Cable Termination	
K-Lock Slotted Swagless Termination c/w Thimble & End Cap	AFF113505	2 sets top & bottom
	Wire Rope	
Wire Rope (7X19)	AFF518XXX(S)	Length of system
	Rope Grab	
Rope Grab	AFG805103	As per number of users
	Intermediate	
Intermediate	AFF513804	Space every 10m up to 30m, 30m and above, space every 5m
	AFF518XXXSL	
Wire Rope (7X19 Swage and D shackle	AF518XXX	Length of System
	Optional Intermediates	
Intermediate Retrofit	AFF513804	Space every 10m up to 30m, 30m and above, space every 5m
Intermediate Retrofit C/w Rubber Guide	AFF513806	Space every 10m up to 30m, 30m and above, space every 5m
Intermediate Pulley Type	AFF512002	Space every 10m

	Tensioner	
Tensioner c/w TFI	AFF514000	1 no.
Extremity	Posts & 1.8m Extension Arms	
Extension Arm Mounting Bracket 1.8m c/w 15kN Anchor Point, Stainless Steel & ED Coated Steel	AFF513755 & AFF513755(EC)	
Top Extremity Mounting Bracket c/w 15kN Anchor point, Stainless Steel & ED Coated Steel	AFF513756 & AFF513756(EC)	
Bottom & Top Extremity Mounting Bracket, Stainless Steel & ED Coated Steel	AFF513754 & AFF513754(EC)	
	Accessory	
ID Tag	AFF114100	1 No.

Recommended PPE

While working on a roof the user can select from a range of of PPE to work safely with either Lanyards, Rope lines or SRL's in conjunction with a Full Body Harness.



Energy Absorbing Webbing Lanyard AFL408612



Work Positioning Lanyard with Grip Adjuster AFL405351(PR)

Rope Line with Shock Absorber AFA951201



Twin Micron AFS550102D



Full Body Roofers Harness AFH300203

Extremity Mounting Brackets

The retrofit design of the brackets allows simple and easy installation to attach to the ladder rungs or to the side members. Provides top & bottom attachment points to install the vertical line. Suitable for Round, Square, Rectangle and Angle ladder rungs, suit 16mm - 52mm diameter rungs.



TECHNICAL SNAPSHOT

	AFF513756	AFF513756(EC)	AFF513754	AFA513754(EC)
Application	Mounting brackets are used to install the anchorage line on the ladder. It can be installed on any ladder rung. Suit ladder rung diameter: 16mm to 52mm c/w 15kn Anchor Point.	Mounting brackets are used to install the anchorage line on the ladder. It can be installed on any ladder rung. Suit ladder rung diameter: 16mm to 52mm c/w 15kN Anchor point.	Mounting brackets are used to install the anchorage line on the ladder. It can be installed on any ladder rung. Suit ladder rung Diameter: 16mm to 52mm.	The Mounting brackets are used to install the anchorage line on the ladder. It can be installed on any ladder rung. Suit ladder rung Diameter: 16mm to 52mm.
Material	Stainless Steel Grade 316	Alloy Steel ED Coated	Stainless Steel Grade 316	Alloy Steel ED Coated
Weight	4.38 kgs	4.03 kgs	3.91 kgs	3.90 kg
Conforms to	EN 353-1:2014+A14:2017	EN 353-1:2014+A14:2017	EN 353-1:2014+A14:2017	EN 353-1:2014+A14:2017

Wire Rope

Stainless Steel Cable

	TECHNICAL SNAPSHOT		
Wire Rope	AFF518XXX(S)	AFF51810SL(XXX)	
Design	7X19	7x19	
Application	Stainless steel cable for vertical life line system	Stainless steel cable for vertical life line system	Wire Rope AFF518XXX(S)
Size	8mm	8mm	
Material	SS Grade 316	SS Grade 316	
MBS	39kN	39kN	
Weight	0.0256 kg per meter	0.030 kg per meter	
Conforms to	EN 12385-4 + A1:2008	EN 795 Type C:2012 and TS16415 & AS/NZS 5532:2013	Wire Rope (with one end having swagged loops)

Cable Termination

K-Lock Slotted Swagless Termination

K-Lock	AFF111505
Application	Swagless Termination for 8mm Wire
Material	SS Grade 316
MBS	25kN
Weight	0.190 kg



AFF51810SL(XXX)

Cable Termination (Optional)

Is the process of fixing wire to fittings in a secure method. By using either U-Bolts and thimbles or Wire Crimping assembly allows the Tensioner or shock absorber to be attached in the vertical system.



Rope Grab

The Rope Grab is the fall arrest device that slides through the cable while the user is ascending or descending. It automatically locks in case of a fall. It has a gravity locking mechanism to ensure that it cannot be fitted to the cable in the wrong direction. Built in Energy absorbing design reduces the impact forces generated upon a user in the event of a fall

The rope grab is designed that accidental disengagement of the rope grab from the system is not possible. It can only be removed once the karabiner connecting the rope grab to the user is taken out of the eye of the rope grab.



Rope Grab with Built in Shock Absorber c/w Karabiner AFG805103

TECHNICAL SNAPSHOT

	Rope Grab AFG805103
Application	To be used as part of the AFF7500 to climbing up & down
Material	Rope Grab: 316 Stainless Steel Karabiner: 316 Stainless Steel 23kN
Weight	Rope Grab: 0.625 kg Karabiner: 0.198 kg
Vital Test Compliance	Static Strength 15 kN for 3 min.
Conforms to	EN 353-2-2002 & EN 353-1:2014+A1:2017

Intermediates

The Intermediates are installed at regular intervals along the length of the line to maintain alignment over long spans and preventing the wire rope from deflections / vibrations caused by usage or heavy winds.



Tensioner

It is used to regulate the tension in the vertical cable line by simply rotating the central drum of the tensioner. The tensioner is easily adjusted preventing unintentional rotation of tensioner due to vibrations. Equipped with a tension force indicator to ensuring the correct tension is applied. The tensioner is installed at the lower side of the Vertical Life Line between the end of the wire rope and the bottom mounting bracket.



TECHNICAL SNAPSHOT

Tensioner	Tensioner with eye on both ends AFF514000
Application	The tension device is an interconnection between the cable and shock absorber with cable length adjustment feature.
Size	14mm
Material	Grade SS-316
Weight	1.08 kgs
Test Compliance	Static Strength 15kN for 3 Minutes
Conforms to	EN 353-1:2014+A1:2017

Extension Arms 1.8m:

Ladder Extension Arm is a basic and effective tool used to provide additional support for assisting workers while transitioning from a ladder to a raised working surface. Supplied with a 15kN fall arrest anchor point at the top of the post. Simple designe to be bolted to the upper ladder rungs. Suits 16mm - 52mm rung diameters.



TECHNICAL SNAPSHOT

Extension Arm	AFF513755	AFF513755(EC)
Application	Used to extend the life line over the landing platform	Used to extend the life line over the landing platform
Material	Stainless Steel Grade 316	High Tensile Steel ED Coated Black
Weight	13.75 kg.	13.21kg
Vital Test Compliance	Static Strength : 12kN for 3 Minutes	Static Strength : 12kN for 3 Minutes
Conforms to	EN 795:2012 Type A.	EN 795:2012 Type A.

Inspection Plate: AFF115100V

The Inspection plate is installed on the tensioner side of the system for identification, traceability and maintenance of inspection records. At time of installation the relevant details are recorded on the ID Tag. The next inspection dates are also recorded on the month and year on the back of the ID plate. The label is provided with a protective aluminum frame with a Poly carbonate sheet for UV protection. It is installed on the pin ring of the tensioner. The label is equipped with a dynamic QR code and an RFID tag that are linked to the Compass inspection software.



General Description of Parts

The Installation of the system shall be carried out only by trained personnel authorized by KStrong, and should not be carried out by the user. The Installation steps given below are a brief indication of the procedure, only for the purpose of information to the user. KStrong does not take any responsibility for consequences of installation of the system if it is carried out against an authorized written recommendation by KStrong. It is necessary to ensure the safety of the installer at all stages of Installation through use of correct PPE. It is also important to use correct tools as recommended by KStrong for installation.

Pre-Installation Inspection of the Receiving Structure

The receiving structure on which the system is to be installed should be strong enough to hold an impact load of more than 12 kN. KStrong shall not be held responsible in any failure arising out of the failure of the structure. It is hence essential to calculate the strength of the receiving structure before the installation. If there is any doubt a competent person or a qualified structural engineer may study the drawings or visit the site and verify the adequacy of strength of the receiving structure.

TYPES of Mounting brackets

AFF513754 & AFF513754(EC) Lower & Top Mounting Brackets

The brackets are installed between two ladder rungs with a diameter between 16mm- 52mm. The distance allowed between two rungs is form 250mm - 350 mm.

AFF513756 & AFF513756(EC) Top Mounting Bracket c/w 15kN Anchor Point

The brackets are installed between two ladder rungs with a diameter between 16mm - 52mm. The distance allowed between two rungs is form 250mm - 350 mm.

AFF513755 & AFF513755(EC) 1.8m Extension Arm c/w 15kN anchor point

The brackets are installed between two ladder rungs with a diameter between 16mm - 52mm. The distance allowed between two rungs is form 250mm - 350 mm.







Installation of AFF513756 & AFF513756(EC) Top Mounting & AFF513754 & AFF513754(EC) bracket Bottom Mount Brackets

The Top mounting bracket post can be installed on two ladder rungs by bolting the two plates directly over the ladder rungs.

Position the mounting bracket post directly over the top two ladder rungs. Place the bolts and washer directly thru the mounting bracket, then insert into the backing plate, add the washer and then tighten the nut.

The Bottom mounting bracket post can be installed on the bottom two ladder rungs. Place the bolts and washer directly thru the mounting bracket, then insert into the backing plate, add the washer and then tighten the nut.

Simply reverse the plates to suit square ladder rungs.



 COMPATIBLE SUPPORT SECTION
 Image: Comparison of the section of the

Attaching the Wire Cable to Top Mounting Post

Insert the wire cable directly thru the top eyelet of the mounting post.

Pull the wire thru and then loop the wire over the thimble (AFF513000) ensuring at least 300mm of the wire cable is overlapping.

Next, fasten the stainless steel U bolts (AFF513000) approximately 50 mm apart. and tighten the bolts. (refer image below)

If it is necessary to cut the cable, insert aluminum cap in the free end of wire rope and crimp it.



If installing a the AFF512000 Shock Absorber please refer AFF6000 and AFF7000 UIM

Installation of the Intermediate Cable Guides AFF513804, AFF513805 & AFF512002

Position the AFF513804 Intermediate to the appropriate rung of the ladder. Place the bolts and washer directly into the cable guide then insert thru the backing plate, add the washer and then tighten the nuts. If its a Square ladder rung reverse the backing plate so the flat surface is facing the ladder rung. Now repeat for AFF513805

Install the AFF512002 directly on the appropriate ladder rungs. Install the U-bolts with washers, and tighten the nuts. It is recommended to install an Intermediate at an interval of every 10 m up to 30m and them every 5m above 30m.



Installation of the bottom Mounting Bracket AFF513700

Install the mounting bracket (AFF513700) directly on the bottom two ladder rungs. Install the U-bolts with washers, and tighten the nuts.





Installation of the AFF514000 Tensioner

- The Tensioner is installed at the bottom of the ladder system.
- Open the threads of extension rod of the tensioner from both ends. Ensure that 75% of the thread is open.
- Insert the eye of tensioner to the mounting bracket at the lower ladder rung.
- Insert the stainless steel locking pin so as to pass through the eye of the tensioner and the mountin brackets.
- Insert the pin ring in the locking pin to lock it.

FIX THE TENSIONER TO THE WIRE ROPE:

- Pull the wire thru and then loop the wire over the thimble (AFF513000) ensuring at least 300mm of the wire cable is overlapping.
- Next, fasten the stainless steel U bolts (AFF513000) approximately 50 mm apart. and tighten the bolts. (refer image below)
- If it is necessary to cut the cable, insert aluminum cap in the free end of wire rope and crimp it.
- Now fix the wire cable with the thimble directly thru the eye of the tensioner and secure with fastener.

PROVIDING TENSION TO THE WIRE ROPE:

- Open both the chuck nuts and hold the tensioner eye.
- Insert a steel rod in the housing of the tensioner and rotate the tensioner in anti clock wise direction.
- Rotate it until reasonable tension is achieved in the cable and the tension indicator disc is free to rotate.
- Tighten both the chuck nuts.

Suitable cable termination may be selected according to the site condition, u-bolts and thimbles and K-Lock are only allowed at bottom termination according to EN 353.1:2014





Installation of the Rope Grab

AFF805101, AFG805102 and AFG805103 $\,$ - Hold the Rope Grab as shown in the figure.

Push the Rope Grab through the cable and rotate it counter clockwise. Ensure the arrow on Rope Grab points up wards. Insert the karabiner in the eye of the Rope Grab. Connect the other end of the shock absorbing lanyard to the harness of the user by the other Karabiner.

AFG805101



AFG805102











AFG805103







Connect the Harness to the Rope Grab

Check the harness that all the straps are connected and buckles are secured and the harness has been adjusted to give it a snug fit. Connect the Rope Grab to the front attachment point of the full body harness with the help of the Karabiner of the connecting lanyard Ensure that the gate of the karabiner is closed and locked properly.



Installation of the Identification Plate

Fasten Identification Plate on to the lower rung of the ladder by two cable ties.



Installation of Optional Components

Installation Of The AFF513755 & AFF531755(EC) 1.8m Extension Arm

- If the System has been provided with the Extension Arm, this shall be installed in place of Upper Mounting Bracket: Post can be installed on two ladder rungs by bolting the two plates directly over the ladder rungs.
 Position the mounting bracket post directly over the top two ladder rungs.
- Place the bolts and washer directly thru the mounting bracket, then insert into the backing plate, add the washer and then tighten the nut. The drawings below illustrate the position of the plates. Simply reverse the plates to suit square ladder rungs.



Recommended Torque

CHART							
Bolt sizeM6M8M10M12M14M16M10 Standing Sear							M10 Standing Seam
Recommended Torque:	17 Nm	30 Nm	45 Nm	50 Nm	56 Nm	70 Nm	26 Nm

Pre-Use Checks and Precautions

Post Installation Inspection

- Once installed, it is important to inspect the complete line by moving the entire length of life line
- It is mandatory for the Site Inspector/Supervisor and the actual users of the system to perform a thorough check of the system before carrying out work. KStrong conducts a brief training for all concerned personnel on the subject of Pre-Use Inspection of the System as per a defined guideline after the system has been installed by KStrong personnel. The following points are considered for the Pre-Use check.

Checking the receiving structure

If the ladder or the receiving structure of ladder found weak do not climb

Checking the System

- · Clean the system from dust/dirt. Check for any mechanical defects.
- · Check for wear and tear in all components or unusual bending or deformation.
- Check for any modifications done by the user.
- Check for any missing component.
- · Check for any damages that may have been caused due to welding while maintenance of other equipment.
- Check the Identification Plate. The system needs to be put out of service if the label is not legible or missing.

Checking the Cable

- See that there is sufficient tension on the cable by gently pulling the cable by hand. If the cable is too loose, check whether they are properly passing through the Intermediates. If not, place them in the Intermediates.
- Check the condition of the cable. Report if strands are found broken.

Checking the Rope Grab

- Check the movement of the rope grab and its grip before climbing. Check the spring of the rope grab, it should move freely.
- Check for excessive wear and tear in the jaws of the Rope G rab. The Karabiner is connected to the rope grab through a sling

Check the Shock Absorber

Check the bolt of the Energy Absorber. If the Energy Absorber is deployed the red marking on would be visible. In case the Energy Absorber is deployed, put the system out of use.

Precautions needs to be considered for safe use of the system

The following points and precautions needs to be considered for safe use of the system

- The life line is for the purpose of fall protection while working on a horizontal plane at height. A back up fall arrest system is required when transitioning on and off the life line system while working at height.
- The user should not suspend himself on the Rope Grab. The intended use of a rope garb is fall protection and not a work positioning device.
- Never disengage the fall arresting lanyard and the carriage body from the life line while working at height.
- Avoid using grease to lubricate the system. If any fall is reported put the system out of use. Contact the manufacturer for repairs and re-validation.
- Only certified full body harness with proper attachment anchorage points should be worn while using the system.
- Do not alter or misuse this equipment. Always take the advice from KSTRONG personnel while using this equipment in combination with components or subsystems other than those described in this manual. Usage of certain component/sub system may interfere with the proper functioning of this equipment and the system may not deliver or work as per its intended use. In such case KSTRONG may not be held responsible for any malfunction.
- The lifelines must be kept free from dust, grease etc., by periodic cleaning. The system can be cleaned by a soft dry cloth.

Hazards

Hazards existing in immediate environment may require additional precautions to limit the possibility of injury to the user or damage to the equipment. Hazards may include but are not limited to, extreme temperatures, caustic chemicals, corrosive environments, high voltage power lines, explosive or toxic gases, moving machinery, sharp edges, high velocity winds Etc.

Do not expose the equipment to any hazard which it is not designed to withstand. Consult the manufacturer if in doubt.

Rescue Plan

It is recommended to ensure that the user shall have a rescue plan and means to execute it while using this equipment. The rescue plan needs to be project specific. The employees must be trained in self-rescue or alternative means shall be provided for prompt rescue in an event of a fall. It is recommended to work in a pair to ensure that in an event of a fall your partner may help in rescue.

Annual Inspection & Revalidation

According to the requirement of EN365 every PPE needs to be inspected at least once in a year. The KStrong COMPASS software maintains the data of the system for at least 20 years and reminds the client whenever the inspection is due. The KStrong Inspection team is trained to perform the inspection and provide a certificate each year at a nominal cost. The client may at any given moment of time extract the status of any of the lifeline installed anywhere in the world from the KStrong data base.

Environment

To protect the environment KStrong follows a 100% paperless process. Unless specifically required KStrong avoids printing it's reports and make it available to the client digitally.

Inspection Use and Maintenance

PPE Inspection and Revalidation

Fall Protection Equipment is a life saving product. As per the EN 365 of PPE regulations 425/2016 It is mandatory to have a 'Competent Authority' to inspect the Fall Protection Equipment at least once annually.

KStrong COMPASS Inspection software helps takes care of the equipment for at least 20 years.



- Cloud Based Online as well as off line software.
- Captures Geo Coordinates where the system is installed.
- RFID / Bar code compliant.
- Generates Report in real time.
- Reminds user of items due for inspection.
- Captures images of components.
- User customizable.
- Can be integrated to client software.
- Reports can be shared with multiple recipients in real time.

Infrastructure:

- Good quality equipment complying with international standards.
- 100% backward integrated manufacturing.
- Qualified engineering Team.
- Sophisticated test equipment.
- Precise engineering software to understand the client requirement to Provide a safe & optimum solution.
- Technical marketing team capable of understanding the client requirement & present the solution using engineering drawings (Auto CAD) & calculations.
- Force predictions on the system in an event of a fall and a testing Facility to validate the force calculations.

Warranty

The system is produced with extreme precision. Should there arise a manufacturing defect within a period of 1 year of supply KStrong stands to repair the components or replace if necessary.

Warranty does not cover:

- Deficiency arising out of misuse of equipment
- Malfunction due to faulty installation/wrong usage of product
- This equipment is not user maintainable. The warranty stands void if an attempt is made to repair or open the equipment.

KStrong does not provide a product functioning warranty; the warranty stands for the workmanship of the products only.

- KStrong systems are made of stainless steel grade 316, ED Coated Steel or Aluminum and are highly resistant to corrosion.
- KStrong systems are thus further warrantied for 20 years provided they are inspected once annually according to the requirements of EN365.

Tools required



Machines



Measuring Tools

Anchors



Consumables, Miscellaneous Tools

DUST PUMP	HOLES	SAW CUTTER	HOT AIR GUN	SETTING TOOL	PAINT BRUSH	DRILL BIT	IMPACT DRILL
BLOWER		CHEMICAL APPLICATOR					

		WRENCH	WRENCH SIZE				
Hex Bolt	6	8	10	12	16		
Wrench Size	10	13	16	19	24		
Socket Size	10	13	16	19	24		

ALLEN KEY SIZE						
Allen Bolt Size	6	8	10	12		
Allen Key Size	4	6	8	10		
Allen Grub Screw Key Size	3	4	5	6		

Torque Chart (Maximum torque for standard bolts)

CHART						
Bolt size	6 mm	8 mm	10 mm	12 mm	14 mm	16 mm
Recommended Torque:	18 Nm	55 Nm	88 Nm	118 Nm	155 Nm	200 Nm

Proof loading Proof

Process Of Proof Loading Of Horizontal And Vertical Life Lines

Proof loading of roof post (Non Destructive)

Post installation at least 10% of the posts should be proof loaded by a load testing device. The posts should be subjected to a static load of 0.7kN for a period of 1 minute in accordance with EN 795 (4.4.1.1). The permanent deflection as a result of proof loading should not be greater than 10mm after the load is released

Proof Loading of termination(Non Destructive)

• Each cable end termination should be proof loaded by a load testing device, to a static force of 6kN. The force is held for 3 minutes The proof loading ensures that the end cable terminations are robust and will not release the cable in an event of a fall.



HYDRA JAWS LIFELINE TESTING

Inspection Log

EQUIPMENT RECORD							
Product							
Model & type/Iden	tification	Trade Name		Identification number			
Manufacturer		Address		Tel, Email			
Year of manufactur	re	Purchase Date		Date first put into use			
Other relevant info	ormation (eg. document nu	mber)					
	PERIODIC	EXAMINATION AND RE	PAIR HISTORY				
Date	Reason for entry (periodic examination or repair)	Defects noted, repairs carried out and other relevant information	Name and signature of competent person		Periodic examination next due date		



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Asia